

## Announcements Continued

The Annual Celebrity "Battle of Batons" featuring stars of stage, screen and television will highlight the 71st Anniversary Concert Spectacular of the 120 member Jr. Philharmonic Orchestra on Sunday May 4, at the Shrine Auditorium in Los Angeles. Complimentary tickets may be obtained by sending a self-addressed stamped envelope to the JPO, Box 157 S. Fairfax Ave., Los Angeles, CA 90036.



### FREE SEMINAR:

#### ESTATE PLANNING BASICS: TRUSTS, WILLS & PROBATE

Wednesday April 30, 10:00 am-11:30am

Learn:

1. How to protect yourself & your property in the event of your incapacity or illness.
2. How to avoid Probate Court Administration of your property.
3. The difference between Wills and Trusts.

Our free Income tax service has begun. Every Thursday until April 10, 2008, from 9am to 12pm. Please call Paul at (626) 798-0505 for an appointment.



March 8, 2008, 2pm, the Crown City Players will have their Annual Spring Concert at the Center. Please plan to attend.

**Care Givers:** the Altadena Senior Center is starting an outreach program to help our care givers. If you are a care giver or know one please call Liliana Garcia at (626) 798-0505. We need you ideas and input.



**Welcome** Beverly Matsumoto and Joyce Dow. As new volunteers to the Senior Center, they will offer free notary services on the 4th Tuesday of every month, from 11:30 am to 12 noon. Please call for an appointment.

**EARS:** What is EARS? It is an EMERGENCY ALERT RESPONSE SYSTEM – a state of the art medical communications and personal security system assuring a quick and efficient response to any emergency that may occur in the home. Who can get EARS? Persons 60 years or older; residents of the City or County of Los Angeles; on a fixed income and meet income eligibility requirements and are frail and/or homebound. If you are interested, please call (626) 795-4331 and ask about EARS.



Trip Desk sign-ups are:

**Mon., Wed. & Friday from 10:00 am - 12:00 noon**

**Tom's Farm**

**Thursday, March 27, 2008**

Sign-up date: Friday, March 14, 2008

Cost: Free

**Upscale Thrift Store**

**Wednesday, April 9, 2008**

Sign-up date: Monday, March 17, 2008

Cost: Free

**Ramona Outdoor Pageant**

**Saturday, April 19, 2008**

Sign-up date: Monday, February 25, 2008

Cost: \$45

### Upcoming Events:

**Temecula Valley Wine Country Excursion** (overnight)

**Thursday & Friday, May 1 & 2, 2008**

Sign-up date: Friday, April 4, 2008

Cost: TBA

**Strawberry Festival**

**Saturday, May 17, 2008**

Sign-up date: Friday, April 11, 2008

Cost: \$7

Want to learn how to surf the internet, or visit a virtual web site? Then our Computer Class is just what you need. We will be starting a new class in March. Please call the Center for an application.



**Special Diabetic Seminars:** March 28, April 25 and May 30 from 10:30-11am. We will discuss relevant subjects such as diabetic cooking, learning how to eat out if you are a diabetic and other important issues. Please call the office to sign up if you are a diabetic or know someone who is.



*The Light Side* "Hello, welcome to the

Psychiatric Hotline. If you are obsessive-compulsive, please press 1 repeatedly. If you are co-dependent, please ask someone to press 2. If you have multiple personalities press 3,4,5 and 6. If you are manic depressive, it doesn't matter which number you press. No one will answer."